



PSU
Cycling

EASTERN COLLEGIATE
ECCC
CYCLING CONFERENCE

CENTRAL PA ROCKS

COLLEGIATE MOUNTAIN BIKE WEEKEND

September 25th and 26th, 2004

Rothrock State Forest and Greenwood Furnace State Park

USA Cycling Permit Pending

Saturday 9/25/04 - 12 Hour XC Adventure

Greenwood Furnace State Park – Pavillion #1

Registration opens at 6:00 a.m.

Race Day Registration Only - \$ 20.00 per person

DH and XC Time Trial Registration open all day

Race starts at 7:00 a.m.

Categories:

Men Open - 3 or 4 Man Teams

Women Open – 3 or 4 Woman Teams

Co-Ed - 4 Person Teams, 2M/2F

Solo Open - Non-Collegiate

Course:

6 mile loop - 1.5 mile gravel road / 4.5 mile trail

Approx. 1600 feet of climbing (and descending) per lap

Terrain is rocky, but should be appropriate for all skill levels

USA Cycling Membership Required – One day licenses will be available

Some food and beverage will be provided. Also, there is swimming, camping, and restrooms in the vicinity of the start/finish area. For info about camping, go to:

www.dcnr.state.pa.us

Directions: From State College, take Rt. 26 South out of town about 25 minutes to Rt. 305, make a left onto Rt. 305, Park is a few miles ahead, Start/Finish area is on the left side of the road.

Sunday 9/26/04 - DH and XC Time Trials

Rothrock State Forest - Tussey Mountain Ski and Recreation Area

Registration opens at 8:00 a.m.

DH - All Categories - \$15.00 per person

XC - All Categories - \$10.00 per person

DH race will consist of a combined time for 2 runs down the course

Run #1 - All Categories - 9:00 a.m.

Run #2 - All Categories - 11:00 a.m.

Men A, Women A, and Men B - Spruce Gap Trail

Approx. 1000 ft. vertical drop in $\frac{3}{4}$ mile

Tight singletrack opens up into a steep run with lots of rocks!

Women B and Men C - Laurel Run Trail

Approx. 700 ft. vertical drop in $\frac{3}{4}$ mile

Fast, flowing singletrack with lots of rocks!

XC race will be run in standard time trial format

Start - All Categories - 1:00 p.m.

***FREEZE THAW CYCLES* SINGLESPEED CATEGORY –**

Top 3 SS competitors receive prizes compliments of www.freezethaw.com

Weekend Awards and BBQ - Immediately following XC TT

USA Cycling Membership Required – One day licenses will be available

Directions: From State College, take Rt. 322 East out of town about 3 miles, turn right onto Bear Meadows Rd., parking is available at Tussey Ski Area.

Directions to DH course: Continue up Bear Meadows Rd. past ski area, turn right onto Laurel Run Rd. , continue to top of mountain and bear left onto Little Flat Tower Rd. , Laurel Run Trail starts halfway up road, Spruce Gap starts at the top.

Directions to XC course: Continue up Bear Meadows Rd. about a mile past ski area, course will be on the left.

Questions:

Contact Jed Schober at jes428@psu.edu or Jordyn Drayton at 610.905.5868